



TEMPLE  
CLINIC

*treatment menu*

*welcome to our*

# TREATMENT MENU

A curated collection of medical aesthetics, skin health, body contouring, wellness, and beauty treatments, designed to help you look and feel your absolute best. Explore our categories below to find the perfect treatment for your goals.





# *consultations*

## **AESTHETIC CONSULTATION**

Discuss your treatment options with an expert. £50

## **SKIN CONSULTATION**

Personalised skin assessment and tailored plan. £50

## **SKIN REVIEW (FOLLOW UP)**

To track progress and adjust treatments. £25

## **SKIN VITALITY**

A comprehensive skin health assessment. £99

## **BIO-IDENTICAL HORMONE THERAPY**

Bespoke consultation to restore hormone balance.  
Initial Consultation £300 | Review £150



## **Injectables & Medical Aesthetics with Multi-Award Winning Dr Sam**

Wrinkle Relaxing Injections – An advanced injectable treatment (Botulinum toxin) that softens facial expressions and smooths dynamic lines, helping to reverse visible signs of ageing.

*price list*

# price list

## Injectables & Medical Aesthetics

### WRINKLE RELAXING INJECTIONS

A prescription-only treatment to smooth fine lines and wrinkles for a refreshed appearance

1 Area £200 | 2 Areas £300  
3 Areas £350 | 4 Areas £400

Masseters £400  
Additional Area £50

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### PROFHILO®

A revolutionary skin bio-remodeller that hydrates and improves skin quality.

1 Area (2ml) £275  
Package of 2 £550  
2 Areas £550

1 Area (3ml) £400  
Package of 2 £750

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### VISCODERM®

Skin booster treatment for hydration and improved elasticity.

1.1ML £250

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### HYALASE

Dissolves unwanted dermal filler safely.

£200

### DERMAL FILLER

Restore lost volume, enhance contours and create natural-looking definition.

1ml £300 | 2ml £550  
3ml £775 | 4ml £975

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### POLYNUCLEOTIDES

Advanced regenerative injectable to improve skin texture and health.

Package of 3 £600  
Maintenance £250

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### PRP

Platelet Rich Plasma therapy using your own blood to stimulate rejuvenation.

Single £250  
Package of 3 £700  
Add-on £100

# WELLNESS & WEIGHT MANAGEMENT

## TEMPLE VITALITY

Consultation and body composition analysis for tailored wellness advice £249

## TEMPLE VIE

Our medically supervised weight management programme.

Initial Consultation £120 | Initial blood tests & welcome pack £190

TV1 4-week review £155 | TV2 4-week review £105

## KICKSTART

A body composition improvement programme tailored to your fitness and nutrition goals.

£99 | Review £75



# price list

## Body Contouring

### LPG CONSULTATION

£50

In-depth body contouring assessment.

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### LPG CONSULTATION & TASTER

£99

Experience LPG alongside your consultation.

\*£50 redeemable against course of LPG\*

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### LPG FACE CONSULT & TASTER

£50

Tailored face rejuvenation session.

\*Redeemable against course of LPG\*

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### LPG FACE

Single £75

Package of 8 £525

Package of 12 £750

Platinum £125

Package of 8 £875

Skin firming and rejuvenation.

### LPG BODY

Treatments start from £99 for 3 areas  
pay £990 for package of 12 treatments.

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#### \*VSS Treatment

(2 VSS treatments included in package of 12)

A full-body wellness treatment that boosts vitality, reduces stress, improves sleep and promotes overall balance by supporting both the nervous and circulatory systems.

Complimentary kickstart with package of 12



# price list

## Endymed Treatments

### ENDYMED INTENSIF

Advanced radiofrequency and microneedling technology to lift, tighten, and resurface the skin.

With Omnilux

1 Area £500 | 2 Areas £700

With Omnilux + PRP

1 Area £600

Package of 3 £1,600

Package of 3 (2 Areas + PRP) £1,900

### ENDYMED TIGHTEN (TC)

Targeted skin tightening for face and body, perfect for pre-event lift and firming.

1 Area £150 | 2 Areas £225

Package of 6 – 1 Area £750

Package of 6 – 2 Areas £1,125

### ENDYBLEPH MAX

Fractional radiofrequency to tighten, smooth, and refresh the delicate eye area.

Single £300 | Package of 3 £750

With PRP £400

Package of 3 £1,000

### DIAMOND EYES

A targeted treatment combining LPG and Endymed TC to reduce under-eye puffiness, boost lymphatic drainage, and restore firmness and vitality to the delicate eye area.

Single treatment £150

Package of 6 £750



# price list

## Skin Rejuvenation

### SKIN NEEDLING (FNS)

Microneedling to boost collagen, smooth texture, and target scarring or pigmentation.

FNS + Omnilux  
£275

FNS + Omnilux + Enerpeel  
£330 | Package of 3 £900

FNS + Omnilux + PRP  
£375 | Package of 3 £1,000

### SKIN PEELS (ENERPEEL®)

Advanced chemical peels for texture, pigmentation, and ageing with minimal downtime.

Single  
£100

With Omnilux  
£135

Package of 3 With Omnilux  
£330

With Omnilux + extra 3 Omnilux  
£480

### ENDYMED FSR

Fractional skin resurfacing to refine texture and tighten skin.

FSR + Omnilux  
£450

FSR + Omnilux + PRP  
£550

Package of 3 (Full Face)  
£1,200 | With PRP – £1,500

### ROSAGATE

Targets redness, flushing, thread veins, and rosacea symptoms.

Enerpeel MA + Rosagate + Omnilux  
£250  
(incl. free mask)

Package of 4 (every 2 weeks)  
£850  
(incl. free mask each treatment)



# price list

## Facial Menu

Our facials combine expert technique with advanced skincare products to deliver visible results and a truly relaxing experience. Each treatment is tailored to your skin's needs and includes time to refresh and rehydrate afterwards.

### CLASSIC FACIAL

40 MINS – £40 | 60 MINS – £50

A customised treatment to cleanse, exfoliate, and revitalise. Includes double cleanse, exfoliation, shoulder, neck and facial massage, mask, moisturiser, and SPF.

### GUA SHA FACIAL

40 MINS – £50 | 60 MINS – £70

A rejuvenating treatment using Gua Sha techniques to stimulate lymphatic flow, sculpt, and revitalise the skin. Includes double cleanse, exfoliation, lymphatic prep, Gua Sha massage, mask, toner, serum, and moisturiser.

### DEEP CLEANSE FACIAL

60 MINS – £90

Double cleanse, steam, extraction, exfoliation, mask, moisturiser, serum, and SPF.

### RELAXATION FACIAL

60 MINS – £60

A deeply soothing facial using essential oils and gentle massage to ease tension and promote skin renewal. Includes steam, exfoliation, mask, moisturiser, serum, and SPF.



# price list

## HydraFacial® Treatments

Our advanced HydraFacial treatments combine deep cleansing, gentle exfoliation, painless extractions, and powerful hydration with targeted boosters to transform skin health. Each option can be customised to address your individual needs.

### HYDRAFACIAL PLATINUM £130

The ultimate HydraFacial experience. This premium 6-step treatment includes:

- Lymphatic drainage to reduce puffiness and stimulate circulation
- Deep cleanse and exfoliation to remove dead skin cells
- Gentle, painless extractions to clear blocked pores
- Intense hydration to plump and nourish the skin
- A customised booster to target specific concerns (e.g., fine lines, pigmentation, acne)
- Red light therapy to calm inflammation and boost collagen
- Finishing hydration serum for lasting radiance

Ideal for: overall skin health, deep hydration, and targeting multiple concerns in one session.

### HYDRAFACIAL DELUXE £80

An elevated core HydraFacial treatment. Includes:

- Deep cleanse and exfoliation
- Gentle extractions
- Hydration infusion
- Optional booster (priced separately)
- Red light therapy to calm inflammation and boost collagen
- Finishing hydration serum for lasting radiance

Ideal for: maintenance treatments, first-time HydraFacial clients, or those seeking a shorter appointment.

### HYDRABOOTY £150

A transformative combination of:

- HydraFacial treatment (including booster)
- Endymed TC skin tightening
- Specialised Hydrojelly mask

Leaves the buttocks smoother, firmer, and more lifted.

### HYDRAFACIAL NECK & DÉCOLLETÉ £100

A focused HydraFacial treatment for the neck and chest, including a targeted booster to address skin laxity, texture, and pigmentation.

### HYDRABACK £230

Deeply cleanses and purifies the back, removing congestion and smoothing rough texture.

Perfect for back acne, uneven tone, or pre-event skin prep.



# price list

## HydraFacial® Treatments

Our advanced HydraFacial treatments combine deep cleansing, gentle exfoliation, painless extractions, and powerful hydration with targeted boosters to transform skin health. Each option can be customised to address your individual needs.

### HYDRATITE £250

Combines the full HydraFacial Platinum treatment with Endymed TC for firmer, lifted, and deeply hydrated skin.

### HYDRAFACIAL FULL PAMPER £200

The ultimate indulgence — combines HydraFacial Platinum with Omnilux LED light therapy and a Hydrojelly mask for enhanced hydration, inflammation reduction, and visible plumping.

### HYDRAFACIAL HANDS £80

HydraFacial treatment (including booster) to leave hands smooth, hydrated, and visibly rejuvenated.

### HYDRAFACIAL ARMS £120

HydraFacial treatment (no booster) for silky-smooth, deeply hydrated arms.

### HYDRAFACIAL LEGS – FRONT & BACK £180

HydraFacial treatment (no booster) to exfoliate, hydrate, and smooth the legs.

### HYDRAFACIAL ADD-ONS (TO PLATINUM OR DELUXE)

- Neck & Décolleté – £70
- HydraBooty – £120
- HydraBack – £200
- Hands – £50
- Arms – £90
- Legs (front & back) – £150
- Hydrojelly Mask – £20



# *price list*

## HAIR REJUVENATION PACKAGES

### HAIR CONSULTATION £50

An in-depth, personalised assessment of your hair and scalp, including professional photography and detailed history, to create a bespoke treatment plan designed around your needs

### PRP ONLY £250 PER TREATMENT

Platelet Rich Plasma (PRP) uses your body's own growth factors to naturally boost collagen and stimulate hair growth

Package of 3 £700

### KERAVIVE £250 PER TREATMENT

HydraFacial Keravive is a unique, relaxing treatment, designed to cleanse, stimulate, nourish and hydrate the scalp for fuller and healthier looking hair.

Package of 3 £600

### POLYNUCLEOTIDES £250 PER TREATMENT

Polynucleotides: the ultimate skin booster. Fragments of DNA to kickstart collagen production, hair growth and improve skin nutrition and hydration

Package of 3 £600

### VIVISCAL £52 PER MONTH

A scientifically formulated, premium supplement that nourishes hair from within, supports healthy growth, and helps achieve thicker, fuller-looking hair.

**BESPOKE PACKAGES AVAILABLE  
FOLLOWING CONSULTATION.**



**Buttne Clearing Package**

**A bespoke solution designed to target butt acne and achieve clear, radiant skin.**

Combining advanced treatments such as Enerpeel, Omnilux light therapy, and a specialised Hydrojelly mask, along with a medical-grade OSK product for home care, we have the perfect recipe to ensure your booty is peachy and thongkini-ready for the beach.

**Single- £160**

(Includes OSK Product Samples)

**Package of 3- £450**

(Includes 1 OSK Lotion to take-home)



**Skin Lesion Removal: The Hyfrecator:**

This low-powered device is remarkably efficient at eliminating skin tags and sun spots (seborrheic keratosis), and many other types of skin blemishes. The suitability of your skin lesions would be discussed at your initial consultation.

**From £150  
£25 – Consultation**



# price list

EMSELLA

## EMSELLA

A breakthrough, non-invasive treatment that restores pelvic floor strength, improves bladder control, and enhances intimate wellness – helping you say goodbye to incontinence and hello to renewed confidence

Single treatment  
£175

Package of 6  
£900

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## EMSELLA® Care Plan

Following your 6-week review, enjoy a complimentary booster session at 12 weeks to optimise and maintain your results.



# *price list*

## LIGHT THERAPY

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### OMNILUX

A clinically proven light therapy that works beneath the skin's surface to target bacteria, calm inflammation, and stimulate natural collagen and hyaluronic acid production for healthier, more radiant skin.

Omnilux  
£60

Package of 8  
£400

Package of 12  
£600

**BESPOKE PACKAGES AVAILABLE  
FOLLOWING CONSULTATION.**



## WAXING MENU

Our professional waxing treatments use high-quality wax for a smooth, long-lasting finish. All services are carried out with precision and care, ensuring maximum comfort and the best results.

### **Hollywood – 50 mins – £40**

Our most comprehensive intimate wax, removing all hair from the pubic area, including the labia and around the anus.

### **Brazilian – 40 mins – £35**

Similar to the Hollywood, but leaves a small strip or triangle of hair at the front. Includes the labia, with optional removal around the anus.

### **Bikini – 20 mins – £20**

Removes hair along the outside of the bikini line for a neat, natural look.

### **High Bikini – 25 mins – £25**

Extends the bikini wax to remove hair from the sides and top of the pubic area, leaving a more defined shape.



## MASSAGE MENU

Indulge in targeted massage treatments designed to relieve tension, restore balance, and leave you feeling deeply relaxed.

### Relaxation Massage

One focus area — perfect for a quick reset.  
40 mins — £50

Full-body massage covering back, legs, arms, hands, shoulders, chest, and temples.  
60 mins — £70

Full-body massage with extended time on the back for complete relaxation.  
90 mins — £90

### Swedish Massage

One focus area, ideal for easing stress.  
40 mins — £50

Full-body treatment with flowing, gentle strokes.  
60 mins — £75

Full-body treatment at a slower pace with extra focus on the back.  
90 mins — £95

### Deep Tissue Massage

(Includes massage gun if needed)

Targeted deep pressure for stubborn tension.  
40 mins — £55

Full-body treatment with focused back work.  
60 mins — £80

Extended deep tissue massage for total muscle release.  
90 mins — £100



### BEAUTY MENU

Enhance and define your features with our professional beauty services. A patch test is required at least 24 hours before your first appointment.

**Eyebrow Tint**  
20 mins – £20

**Eyelash Tint**  
25 mins – £25

**Eyebrow & Eyelash Tint with Eyebrow Wax**  
45 mins – £45

**Packages:**  
4 treatments – £150  
8 treatments – £270

Lash lift & tint  
1 hour – £45

**Brow Lamination**  
1 hour – £45



A close-up, slightly blurred photograph of a white Xeo+ laser skin rejuvenation machine. The machine has a large, flat, light blue screen on top. Two white handpieces are mounted on a stand above the screen. The brand name 'xeo+' is visible on the front of the machine. The background is a dark, solid color.

# **XEO+ LASER SKIN REJUVENATION TREATMENTS**

EXCLUSIVE TO TEMPLE CLINIC ABERDEEN



# price list

XEO+

## LASER GENESIS – FULL FACE

£165 per treatment

- Courses available
- 

## HYDRAGENESIS FACIAL (HYDRAFACIAL + LASER GENESIS)

£245 per treatment

- Courses available
- 

## 2D SKIN REJUVENATION (LASER GENESIS + LIMELIGHT IPL)

£275 per treatment

- Courses available
- 

## LIMELIGHT IPL – FULL FACE

£165 PER TREATMENT

- Courses available
- 

## VASCULAR & THREAD VEIN REMOVAL

Small Area (up to A5) – £135

Medium Area (up to A4) – £195

Larger Areas – from £295

- Courses available

## LASER HAIR REMOVAL

Courses available

Course of 3 save 10%

Course of 6 save 15%

## FACE

Upper Lip – £55

Chin – £65

Lip + Chin – £90

Sideburns – £75

Full Face – £165

Neck – £95

## BIKINI & INTIMATE

Bikini Line – £95

Extended Bikini – £120

Brazilian – £150

Hollywood – £175

Buttocks / Peri-anal – £110

## LEGS

Half Legs – £210

Full Legs – £360

Toes / Feet – £65

## UPPER BODY

Underarms – £95

Forearms – £155

Full Arms – £240

Hands – £65

## BACK & CHEST

Chest – £210

Stomach – £170

Chest + Stomach – £320

Half Back – £230

Full Back – £380

Shoulders – £145



XEO+

*patch test*

£30 (redeemable against first treatment or course)

**Required for:**

- Laser Hair Removal
- IPL
- Vascular Treatments





*book now*

CALL US ON 01224 869997  
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